




LONDON SAMPLE INTERNSHIP LIST WOMEN'S STUDIES

INDUSTRY DESCRIPTION

Students seeking placements with organisations focused specifically on Women's Issues should have excellent interpersonal and communication skills as well as providing information about any relevant coursework and paid/voluntary work in their application materials. Placements can cover areas such as policy, campaigning, fundraising and education to raise awareness of the need to ensure women's safety and equal rights both here in the UK and abroad.

EXAMPLES OF PAST PLACEMENTS

Please note that the following sites are a brief cross-section of current CAPA internship host sites and should not be considered as a guaranteed location for your placement. All internship & service learning placements will be dependent upon each individual applicant's application documents, prior experiences, demonstrated skills and their aspirations and goals.

<p style="text-align: center;">Cherie Blair Foundation for Women</p> 	<p>Empowering women is the key to driving social change in developing and emerging economies. Working at the Cherie Blair Foundation for Women is an opportunity to be part of that change. They are a fast-growing, entrepreneurial organisation with ambitious goals – to empower women entrepreneurs to make a difference in their own communities. The Foundation provides women in developing and emerging economies with the skills, technology, networks and access to financial services that they need to build and expand their growing businesses, and in doing so benefit not only themselves but also their families and communities.</p>
<p style="text-align: center;">Domestic Violence Intervention Project (DVIP)</p> 	<p>For over 20 years, the Domestic Violence Intervention Project (DVIP) have been helping to make women and children safer. With services across London, they work to stop domestic violence and reduce the harm it causes to women, children and families. They offer services to both women (dealing with domestic violence) and men (seeking to understand and end abusive behaviour).</p>

<p style="text-align: center;">Forward UK</p> 	<p>Forward (Foundation for Women’s Health Research and Development) is an international non-governmental organisation committed to gender equality and safeguarding the rights of African girls and women. Working through partnerships in Europe and Africa, Forward transforms lives, tackling discriminatory practices that affect the dignity and wellbeing of girls and women, in order to bring about positive social change.</p>
<p style="text-align: center;">Hibiscus Initiatives</p> 	<p>Hibiscus Initiatives, established in 1986, is a voluntary sector organisation with a track record of delivering high quality services over nearly 30 years. They have developed specialist expertise in working with marginalised black and ethnic minority groups in custody, detention or the local community. Using a person-centred approach, they engage and work with clients to support and empower them in dealing with what are often multiple, complex needs. In addition, and more importantly, they address the additional disadvantage that language and cultural barriers present.</p>
<p style="text-align: center;">Womankind Worldwide</p> 	<p>Womankind Worldwide is a women’s rights and international development organisation making an impact through the power of partnership. Since being founded over 25 years ago, Womankind has helped 18 million women and their families. Their vision is for a fair world where being a woman does not limit choices, opportunities or rights. They work to end violence against women and girls and make sure that everyone has an equal say in the decisions which affect their lives. Together with their partners, they are tackling the root causes of gender inequality in countries around the world by challenging governments and international agencies to protect and promote women’s rights.</p>

POTENTIAL PROJECT OPPORTUNITIES

Project opportunities will be dependent upon the current needs within the organisation and the demonstrated skills and abilities shown by each intern. It is imperative to remember that project opportunities will develop over time and throughout internship placements. Projects may include but are not limited to:

Classroom Assistance

Office Administration

Community Interaction & Engagement

Promote Social Care

Event Coordination & Support

Promote & Protect Women’s Rights

Fundraising

Social Media Development

Mentoring & Support

Variety of Social Issues

Observe Real Cases

Volunteer Opportunity

TRANSFERABLE SKILLS

It is essential to maximise every opportunity within the internship placements. If tasks and duties are approached in a professional manner, interns can take away additional skills and abilities that will be of benefit to their personal and professional development. Transferable skills sets include but are not limited to:

Community Engagement

Planning & Organization

Effective Communication

Presenting & Reporting

Interpersonal Skills

Problem Solving

Mentoring & Support

Teamwork

Networking

Time Management

PERSONAL PROFESSIONAL DEVELOPMENT

Through their internship and extra-curricular activities, we work to help students develop the following skills:

1. **Networking:** The ability to intentionally and purposefully connect and interact with others in order to develop professional and social relationships.
2. **Communications:** The ability to receive, interpret and articulate information and ideas effectively.
3. **Remote Collaboration:** The ability to utilise IT resources to connect virtually with others and achieve collective goals and objectives.
4. **Global Perspective:** To develop skills required to live and work in an interdependent world through forming an understanding of connections between one's own life and those of people across the globe.
5. **Cultural Awareness:** To develop an understanding of oneself, others and to embrace and appreciate diverse and complex perspectives, values and beliefs.
6. **Organisation, Time Managements and Prioritisation Skills:** The ability to achieve identified outcomes by using your time, energy and resources in an effective and productive manner.
7. **Problem Solving:** The ability to find solutions to difficult or complex issues and to manage moments of uncertainty or ambiguity.
8. **Adaptable:** The ability to adjust oneself readily to different conditions and environments.
9. **Goal Setting:** The ability to identify, form and implement actions that will guide you towards predetermined aims and objectives.
10. **Career Based or Vocational Skills:** The development of specific knowledge or abilities related to an occupation.