



CAPA LONDON SAMPLE INTERNSHIP LIST PHYSIOTHERAPY


INDUSTRY DESCRIPTION

The healthcare industry in the UK has many laws and legislations that will impact the level and type of opportunities available to undergraduate students. For many roles, especially those requiring “hands on” responsibilities, there are regulations stipulating that individuals must have achieved certain qualifications. However, CAPA has developed meaningful placements with a range of organisations that can provide first class opportunities to support and develop the students experience in the field of physiotherapy. Physiotherapy is an incredibly competitive area in which to secure internship placements and students must demonstrate a high GPA, relevant coursework and previous work experience in a related field such as Athletic Training, Orthopaedics, Sports rehabilitation, Neurology, Nutrition or another Medical-related profession. Students should also have excellent communication and interpersonal skills.

EXAMPLES OF PAST PLACEMENTS:

Please note that the following sites are a brief cross-section of current CAPA internship host sites and should not be considered as a guaranteed location for your placement. All internship & service learning placements will be dependent upon each individual applicant’s application documents, prior experiences, demonstrated skills and their aspirations and goals.

<p style="text-align: center;">Anatomie</p> 	<p>Anatomie provides top flight Physiotherapy and Complementary Therapies from assessment and diagnosis to treatment and rehabilitation. Interns will engage in work surrounding muscular skeletal practices, pathologies and orthopaedics. Interns will gain first hand observation experiences and be assigned individual projects.</p>
<p style="text-align: center;">The Royal Free Hospital Children's School</p> 	<p>The Royal Free Hospital Children's School is a community Special School for pupils aged 5 to 16. They offer high quality education for all children who are inpatients at the Royal Free Hospital. They also provide places for a limited number of children who are not in-patients but who are receiving support from medical or mental health services and may benefit from attending our school on a daily basis. The school operates within a multidisciplinary framework; working closely with a range of professionals including consultant doctors, mental health professionals, physiotherapists, speech therapists and other agencies.</p>

<p style="text-align: center;">Whizz-Kidz</p> 	<p>Whizz-Kidz is the leading provider of customised mobility equipment outside the NHS. In 2007, the aims of Whizz-Kidz and NHS Tower Hamlets' joint venture were to improve overall services and ensure that children and young people received the equipment most appropriate to their needs – and quickly. Users of the wheelchair service in Tower Hamlets now receive better quality wheelchairs, at lower cost, with shorter waiting times and the response from healthcare professionals and service users has been overwhelmingly positive.</p>
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POTENTIAL PROJECT OPPORTUNITIES

Project opportunities will be dependent upon the current needs within the organisation and the demonstrated skills and abilities shown by each intern. It is imperative to remember that project opportunities will develop over time and throughout internship placements. Projects may include but are not limited to:

Administration

Client interaction

Fitness programme development

Observation experience

Volunteer coordination

TRANSFERABLE SKILLS

It is essential to maximise every opportunity within the internship placements. If tasks and duties are approached in a professional manner, interns can take away additional skills and abilities that will be of benefit to their personal and professional development. Transferable skills sets include but are not limited to:

Clinical Observation hours

Communication Skills

Healthcare administration

Interpersonal Skills

Networking

Organisation

Strong Interpersonal Skills

Teamwork

PERSONAL PROFESSIONAL DEVELOPMENT

Through their internship and extra-curricular activities, we work to help students develop the following skills:

1. **Networking:** The ability to intentionally and purposefully connect and interact with others in order to develop professional and social relationships.
2. **Communications:** The ability to receive, interpret and articulate information and ideas effectively.
3. **Remote Collaboration:** The ability to utilise IT resources to connect virtually with others and achieve collective goals and objectives.
4. **Global Perspective:** To develop skills required to live and work in an interdependent world through forming an understanding of connections between one's own life and those of people across the globe.
5. **Cultural Awareness:** To develop an understanding of oneself, others and to embrace and appreciate diverse and complex perspectives, values and beliefs.

6. **Organisation, Time Managements and Prioritisation Skills:** The ability to achieve identified outcomes by using your time, energy and resources in an effective and productive manner.
7. **Problem Solving:** The ability to find solutions to difficult or complex issues and to manage moments of uncertainty or ambiguity.
8. **Adaptable:** The ability to adjust oneself readily to different conditions and environments.
9. **Goal Setting:** The ability to identify, form and implement actions that will guide you towards predetermined aims and objectives.
10. **Career Based or Vocational Skills:** The development of specific knowledge or abilities related to an occupation.