




CAPA LONDON SAMPLE INTERNSHIP LIST INTERNATIONAL RELATIONS



INDUSTRY DESCRIPTION

International Relations (IR) is the study of relationships among countries, the roles of sovereign states, inter-governmental organisations (IGO), international non-governmental organisations (INGO), non-governmental organisations (NGO) and multinational corporations (MNC). Students seeking an internship in International Relations and Foreign Affairs should highlight relevant coursework or extra-curricular activities and should specify if they have a specific area of interest within this field. Students should have strong research and communication skills, along with an awareness and interest in international news and current affairs.

EXAMPLES OF PAST PLACEMENTS

Please note that the following sites are a brief cross-section of current CAPA internship host sites and should not be considered as a guaranteed location for your placement. All internship & service learning placements will be dependent upon each individual applicant's application documents, prior experiences, demonstrated skills and their aspirations and goals.

<p>Commonwealth Magistrates & Judges Association</p> 	<p>The Commonwealth Magistrates' and Judges' Association (CMJA) is a unique international association which brings together judicial officers from over 68 jurisdictions in the Commonwealth and beyond. Interns at the CMJA have the opportunity to be involved in various high-profile projects that include conference organizing, grant writing, funding research and reviewing judicial casework related to gender and human rights issues.</p>
<p>Civil Service College</p> 	<p>Civil Service College is a training provider that specialises in governance, government and public administration. Our tutors are former civil servants that have extensive experience as practitioners and teaching experience at the former National School of Government. Our programmes accommodate development needs of organisations in the private sector, third sector and on international level. The college offers a wide range of training, ranging from policy-making to personal development such as writing skills.</p>
<p>Independent Academic Research Studies (IARS)</p> 	<p>The Independent Academic Research Studies (IARS) is a well-recognised, international think-tank known for its bottom-up methods of citizen participation, as well as its strong and independent evidence-based approach to social problem solving. They deliver research, training and campaigning on key policy issues concerning youth, refugee and asylum-seeking groups and criminal justice topics.</p>

<p>Irish in Britain</p> 	<p>Irish In Britain (formerly the Federation of Irish Societies) is a national umbrella organisation established in 1973, which draws together Irish clubs and societies in Britain. They promote the interests of Irish people through various activities in the community. Irish in Britain is uniquely positioned to facilitate a whole community network and become the leading portal for creative discussion, active partnership and community outcomes.</p>
<p>Womankind Worldwide</p> 	<p>Womankind Worldwide (WWW) is a leading international women's, human rights and development organisation. We work in partnership with women's organisations around the world to reduce violence against women, support women to play an active role in society.</p>

POTENTIAL PROJECT OPPORTUNITIES

Project opportunities will be dependent upon the current needs within the organisation and the demonstrated skills and abilities shown by each intern. It is imperative to remember that project opportunities will develop over time and throughout internship placements. Projects may include but are not limited to:

Outreach Research	Presentation
Creation of Promotional Materials	Production of Editorial Copy
Events Support	Research & Analysis
Marketing Campaigns	Social Media Development
Media Production	Website Development

TRANSFERABLE SKILLS

It is essential to maximise every opportunity within the internship placements. If tasks and duties are approached in a professional manner, interns can take away additional skills and abilities that will be of benefit to their personal and professional development. Transferable skills sets include but are not limited to:

Knowledge of International Policy	Organisation
Business & Commercial Acumen	Presentation
Influencing & Negotiation	Research
Networking	Strong Interpersonal Skills
Oral & Written Communication	Policy Writing

PERSONAL PROFESSIONAL DEVELOPMENT

Through their internship and extra-curricular activities, we work to help students develop the following skills:

1. **Networking:** The ability to intentionally and purposefully connect and interact with others in order to develop professional and social relationships.
2. **Communications:** The ability to receive, interpret and articulate information and ideas effectively.
3. **Remote Collaboration:** The ability to utilise IT resources to connect virtually with others and achieve collective goals and objectives.
4. **Global Perspective:** To develop skills required to live and work in an interdependent world through forming an understanding of connections between one's own life and those of people across the globe.
5. **Cultural Awareness:** To develop an understanding of oneself, others and to embrace and appreciate diverse and complex perspectives, values and beliefs.
6. **Organisation, Time Managements and Prioritisation Skills:** The ability to achieve identified outcomes by using your time, energy and resources in an effective and productive manner.
7. **Problem Solving:** The ability to find solutions to difficult or complex issues and to manage moments of uncertainty or ambiguity.
8. **Adaptable:** The ability to adjust oneself readily to different conditions and environments.
9. **Goal Setting:** The ability to identify, form and implement actions that will guide you towards predetermined aims and objectives.
10. **Career Based or Vocational Skills:** The development of specific knowledge or abilities related to an occupation.