



CAPA LONDON SAMPLE INTERNSHIP LIST FILM AND VIDEO

INDUSTRY DESCRIPTION





Students who are applying for an internship in Film and Video Production should have strong creative ideas, a passion for the industry and be able demonstrate a range of soft skills, including, good attention to detail, the ability to multi-task and to work to deadlines. Students should be prepared to work in a range of roles, from marketing and administration for Film and Video Production companies to supporting in visual and/or audio production and editing. Previous experience is desirable (although not always essential) and candidates should include detailed information about their technical skills (e.g. Final Cut Pro, Avid Media Composer etc.) and a link to a showreel, portfolio or any online content in their application documents.

Please note that roles within these areas in London are largely focused around Video and Media production, often within Creative Agencies. It is important that students are aware that these roles will give insight into the industry, however it is unlikely that students will be on set or in a studio environment. For those within Film production companies the organisations are often smaller, where roles can include tasks like, filming, editing, talent scouting, storyboarding etc, and give students the chance to see many different areas of the industry rather than one specific role.

EXAMPLES OF PAST PLACEMENTS

Please note that the following sites are a brief cross-section of current CAPA internship host sites and should not be considered as a guaranteed location for your placement. All internship placements will be dependent upon each individual applicant's application documents, prior experiences, demonstrated skills and their aspirations and goals.

<p>Boulder Creek International</p> 	<p>Boulder Creek International is a well-established and innovative Film and TV boutique Production and Distribution company based in central London. Since we opened for business in 2007 our company and reputation has grown to specialise in two core areas, Post-Production and Distribution.</p>
<p>Fully Focused</p> 	<p>At Fully Focused we use the power of film to challenge perceptions, raise awareness and transform lives.</p> <p>While FF is led by a core team of 15 young adults, we have a team of 19 young people in total. This is combined with the wealth of experience carried by a few 'older' members. We are also dedicated to working with and reaching young people across London and beyond. We are currently running industry-standard, hands on film and media training and workshops. As well as bespoke social development and employability skills workshops across London.</p>

<p>Latimer Creative Media</p> 	<p>Latimer Creative Media is an award winning, youth-centred social enterprise committed to affecting social change through creative digital media and film production. The role is varied and well-rounded and includes production, marketing, social media development, events administration and data capturing, organising and evaluating.</p>
<p>Patchwork Productions</p> 	<p>Patchwork Productions is an independent film production company, set up by producer Christine Hartland. A slate of feature films are at various stages of development.</p> <p>After producing award winning short films Christine produced her first feature film in 2008, the political thriller WMD by David Holroyd represented by Independent Film Company. WMD was one of the first British films to follow a reverse distribution strategy.</p>
<p>Raindance Production</p> 	<p>Raindance London aims to promote and support independent filmmaking and filmmakers in the UK.</p> <p>From new and emerging to industry pros, Raindance connects, trains, supports, and promotes visual storytellers through every step of their career. Each year Raindance produces the Raindance Festival in London.</p>
<p>Whitecoat Productions</p> 	<p>Whitecoat is an award winning, global content production company with offices in London & Singapore. We create content watched by billions of people around the world.</p> <p>Our mantra is “Create better content”</p> <p>This is what we help our clients to achieve but is also the challenge we set to ourselves. From utilising the latest filming and post-production techniques, to finding new motion design and animation styles or unearthing the perfect creative collaborators.</p>

POTENTIAL PROJECT OPPORTUNITIES

Project opportunities will be dependent upon the current needs within the organisation and the demonstrated skills and abilities shown by each intern. It is imperative to remember that project opportunities develop over time and throughout internship placements. Projects may include but are not limited to:

Assisting on Live Shoots

Production & Post-Production

Editing, Formatting & Uploading Content

Research

General Office Administration & Support

Scheduling Assistant

Pitch Preparation & Presentation to Prospective Clients

Social Media and Marketing Development

TRANSFERABLE SKILLS

It is essential to maximise every opportunity within the internship placements. If tasks and duties are approached in a professional manner, interns can take away additional skills and abilities that will be of benefit to their personal and professional development. Transferable skills include, but are not limited to:

Accuracy	Planning & Organisation
Business Development	Professional Networks & Contacts
Effective Communication	Research & Information Gathering
Evaluation	Team Work
Media Production & Post-Production	Time Management

PERSONAL PROFESSIONAL DEVELOPMENT

Through their internship and extra-curricular activities, we work to help students develop the following skills:

1. **Networking:** The ability to intentionally and purposefully connect and interact with others in order to develop professional and social relationships.
2. **Communications:** The ability to receive, interpret and articulate information and ideas effectively.
3. **Remote Collaboration:** The ability to utilise IT resources to connect virtually with others and achieve collective goals and objectives.
4. **Global Perspective:** To develop skills required to live and work in an interdependent world through forming an understanding of connections between one's own life and those of people across the globe.
5. **Cultural Awareness:** To develop an understanding of oneself, others and to embrace and appreciate diverse and complex perspectives, values and beliefs.
6. **Organisation, Time Managements and Prioritisation Skills:** The ability to achieve identified outcomes by using your time, energy and resources in an effective and productive manner.
7. **Problem Solving:** The ability to find solutions to difficult or complex issues and to manage moments of uncertainty or ambiguity.
8. **Adaptable:** The ability to adjust oneself readily to different conditions and environments.
9. **Goal Setting:** The ability to identify, form and implement actions that will guide you towards predetermined aims and objectives.
10. **Career Based or Vocational Skills:** The development of specific knowledge or abilities related to an occupation.